



Dunoon ELC

Allergies and Intolerances

Policy

This policy was adopted at a meeting of:

Dunoon Early Learning and Childcare

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On May 2025

Signed: *Rachael Bryant*

Designation: Principal Teacher

Statement of Purpose



The UN Convention on the Rights of the Child

Article 3 (best interests of the child)
Article 6 (life, survival and development)
Article 12 (respect for the views of the child)
Article 24 (health and health services)

As an early years provider, Dunoon Primary School ELC is aware that some children may have allergies which vary from mild, moderate to life threatening. Following guidance from Getting It Right For Every Child (2016)¹, Dunoon Primary School ELC works in partnership with families and relevant agencies to build care plans for each individual child in accordance to the Wellbeing Indicators - Safe, Healthy, Active, Nurtured, Achieving, Respected, Responsible and Included.

Consistency of Approach

Dunoon Primary School ELC aims to provide a safe environment which enables any child with allergies to participate fully in the Dunoon Primary School ELC experience without exposure to allergens. As per the guidance given in the Care Inspectorate document Management of Medication In Daycare of Children and Childminding Services (2014)², the Key Worker will, when a declaration of a child's allergy or intolerance is made, liaise with the family and any necessary agencies to ensure that there is a robust care plan in place which includes prevention techniques and the procedure if a reaction should take place. For some children this may include use of antihistamines or an epi-pen. For more information, please see Dunoon Primary School ELC's Medication Policy.

As per the Scottish Government guidance document Supporting children and young people with healthcare needs in schools (2017), Dunoon Primary School ELC will take preventative measures for certain allergies - for example foods containing nuts are not allowed. For other allergens it may be more difficult to use blanket measures and there may be measures in place for that individual child - using their own hand soap, for example. These preventative measures will be discussed regularly with families and relevant agencies to ensure the measures are effective and sustainable.

For children with allergies and intolerances, their individual medical care plans and reactions procedure will be displayed in a communal staff area. Staff will read and reflect upon each medical care plan and procedure at the beginning of each new term. As per the guidance given in the Care Inspectorate document Management of Medication In Daycare of Children and Childminding Services (2014) children in Dunoon Primary School ELC's care who require the use of epi-pens or other equipment, training will be provided to all staff within the team. For staff/volunteers/students with severe allergies and intolerances, the same process will be applied, whereby necessary preventative measures will be implemented and a procedure for reaction will be documented.

Health and Social Care Standards:

1.15 My personal plan (sometimes referred to as a care plan) is right for me because it sets out

how my needs will be met, as well as my wishes and choices.

1.24 Any treatment or intervention that I experience is safe and effective

1.37 My meals and snacks meet my cultural and dietary needs, beliefs and preferences.

3.14 I have confidence in people because they are trained, competent and skilled, are able to reflect on their practice and follow their professional and organisational codes

Links to National Policy

1. Getting It Right For Every Child (2016) Scottish Government

2. Management of Medication In Daycare of Children and Childminding Services (2014) Care Inspectorate

3. Supporting children and young people with healthcare needs in schools: guidance (2017) Scottish Government