



Dunoon ELC Safe Nappy Changing Policy

This policy was adopted at a meeting of:

Dunoon Early Learning and Childcare

On February 2022

Signed: *Brenda Reid*

Designation: Head Teacher

Statement of Purpose

Dunoon Early Learning and Childcare (ELC) setting acknowledges that in working with very young children we play an important role as their caregiver and fostering good personal hygiene. We recognise that for the very young child their own personal needs are central and that they are in the process of learning these skills and that we provide the role in meeting these needs. We will provide the child with dignity and respect throughout the process of nappy changing to ensure that they feel safe and comfortable.

We will ensure that all staff (including students) are fully trained in our nappy changing procedure ensure staff are following best practice as well as meeting the national guidance Infection Prevention and Control in Childcare Settings and Nappy Changing Facilities for Early Learning and Childcare Services: recommended as best practice by the Care Inspectorate.

Throughout this policy the term **parents** is used to include all main caregivers.

Nappy Changing Procedure

Dunoon ELC staff will follow these procedures to reduce the risk of infection to the child and themselves as well as following best practice.

What you need

- A clean waterproof changing mat (do not use if torn or broken).
- A clean nappy (disposable or non-disposable).
- disposable wipes
- The child's own tub or tube of barrier cream. Do not use shared tubs or tubes of barrier cream.
- A plastic bag (or nappy sack) for the used nappy.
- PPE for staff — a single-use disposable plastic apron and disposable gloves (on both hands).
- Waste bin for disposal of disposable nappies or other container, if required, for reusable nappies.

How you do it

- Put on PPE.
- Have child walk up steps and carefully lie down on the changing table.
- Ensure that the child is comfortable and understands what is happening, talk to the child to explain what you are doing and take this time to promote positive interactions.
- Remove the nappy.
- Gently clean the child's bottom using disposable wipes
- Put the dirty nappy and disposable wipes in a plastic bag, tie the bag and put it in a lined bin for used nappies.
- The bin must have a lid, and must not be in areas used for preparing or eating food, or where children play.
- Ensure the skin is dry.
- Check for nappy rash — if the child has a rash, tell their parent or guardian at the end of the day. If nappy cream has been provided by parent and is needed, then: dispose of gloves and put on a clean pair, apply the child's own barrier cream.
- Remove and dispose of gloves.
- Put on a clean nappy.
- Dress the child.

- Help the child to walk down off of the changing table.
- Wash child's hands.
- Take the child back to the play area.
- Clean the baby-changing mat with detergent and water (if body fluids present wear PPE).
- Wash your hands.

References, useful links and further reading:

- (1) Nappy changing facilities for early learning and childcare services: information to support improvement: Care Inspectorate, June 2018.
- (2) Infection Prevention and Control in Childcare Settings: Health and Social Care Standards, Scottish Government, May 2018.
- (3) Space to Grow: Scottish Government, June 2017.